

# EVERYDAY DU'AS

## DAILY DUAS

Before we begin to eat a meal



بِسْمِ اللّٰهِ وَعَلَىٰ بَرَكَاتِهِ

Bismillahi Wa ala baraka tillah

**This Dua means:**

"In the name of Allah and on the blessings of Allah"

Whenever we begin anything, we should always remember Allah. We remember Allah and thank him for the many blessings that Allah has given us. Food is also a blessing from Allah and we should be grateful to Allah for it.



# J DAILY DUAS

During meal, if dua is forgotten at start



بِسْمِ اللّٰهِ اَوَّلُهُ وَاٰخِرُهُ

Bismillahi awwa la hu wa akhirah

**This Dua means:**

"In the name of Allah, in its beginning and its end."



Sometimes we forget to say the dua at the start of the meal. If we forget the first dua, we say this special dua when we remember during the meal.

This prevents the Shaytan from sharing in the meal.



# DAILY DUAS



After we have finished the meal



Alhamdu lillaa hilla  
thee, at amanaa wa  
saqaanaa wa ja alanaa  
minal muslimeen

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مِنَ الْمُسْلِمِينَ

Alhamdu lillaa hilla thee, at amanaa wa saqaanaa wa ja  
alanaa minal muslimeen

**This Dua means:**

"Praise be to Allah  
who gave us food  
and drink and made  
us from amongst  
the Muslims"



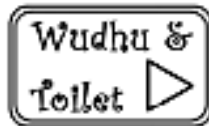
One of the greatest blessings Allah has given us is the food and drink that we consume. We thank Allah for this and also thank Him for the other great blessing of making us amongst the Muslims.



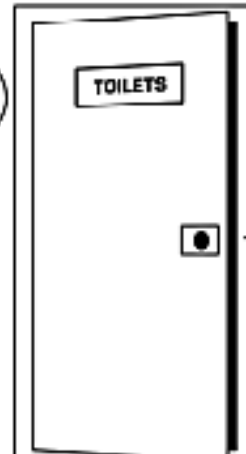
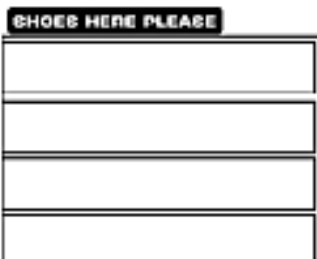
# DAILY DUAS



## Before Entering the toilet



Allahumma innee aoozu bika minal khubuthi wal khabaa ith



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبُثِ وَالْخَبَائِثِ

Allahumma innee aoozu bika minal khubuthi wal khabaa ith

**This Dua means:**

"O' Allah, I seek refuge in you from the male and female jinn."



We say this dua before we enter the toilet.

Remember that we do not mention the name of Allah in the toilet or when our satar is exposed. Also remember to enter with our left foot.

**B**

# EVERYDAY DUAS



**WHEN WE MEET SOMEONE**

As-salaamu-alaykum



ARABIC

السَّلَامُ عَلَيْكُمْ

TRANSLITERATION

*As-salamu-alaykum*

MEANING

**'Peace be upon you'**

When we meet Muslims, we say to them 'As salaamu-alaykum'. This spreads peace and love within the community.

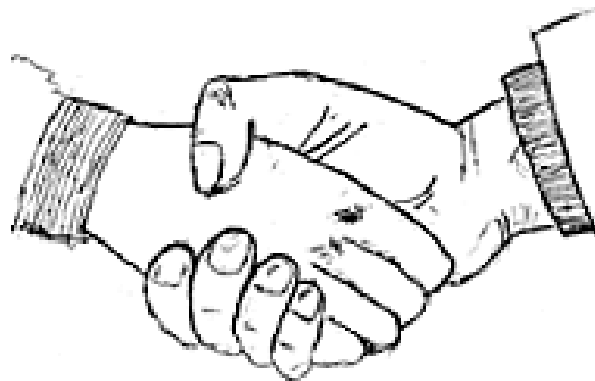
What is the reply ?

**B**

# EVERYDAY DUAS



**REPLY TO SALAAM**



Wa alaykum salaam

ARABIC

وَعَلَيْكُمْ السَّلَامُ

TRANSLITERATION

*Wa alaykum salaam*

MEANING

**'May peace also be upon  
you'**

When a Muslims says Salaam we reply with 'wa-alaykum salaam'. This is used by all Muslims as taught by the Prophet (Peace Be Upon Him).



# EVERYDAY DUAS



**WHEN WE HEAR OUR  
PROPHETS NAME**

... and then  
our prophet  
Muhammad ...

peace be  
upon him

ARABIC

صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ.

TRANSLITERATION

*salallahu alayhi wasallam*

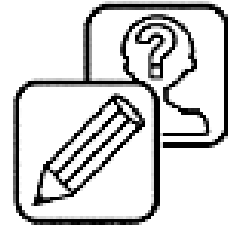
MEANING

**'peace be upon him'**

Whenever the name of our prophet Muhammad (PBUH) is mentioned we recite 'sallahu alayhi wasallam'. When we read or say our prophet's name, we should also recite 'sallallahu alayhi wasallam'.

D

# WORDSEARCH



D	H	S	U	F	F	E	R	I	N	G	S
U	V	S	L	T	H	J	L	F	Z	D	R
A	T	H	A	N	K	J	C	A	F	C	L
Z	O	N	S	F	K	K	H	M	N	M	D
N	S	P	Y	R	L	S	B	I	U	U	S
F	O	R	G	I	V	E	N	L	E	S	G
I	V	B	N	U	V	I	S	Y	V	L	S
Y	X	L	D	W	O	R	L	D	Z	I	V
K	I	N	D	S	K	A	E	E	N	M	K

**CAN YOU FIND THESE  
WORDS ?**

DUA

THANK

FAMILY

WORLD

MUSLIM

FORGIVE

KIND

SUFFERING