

THE SACRED JOURNEY

What it takes to complete the holy pilgrimage of Islam



The pilgrim enters Makkah and expresses the intention to perform Hajj.

It is then obligatory for the pilgrim to circle the Kaaba 7 times, while reciting prayers, in what is known as Tawaf.

The pilgrim will then pass between the hills of Safa and Marwah 7 times.

5

Mecca

Pilgrims will then make their way back to Makkah where the Tawaf will be performed and prayers will be offered.

The crossing between the hills of Safa and Marwa is also completed 7 times.

Pilgrims also drink from the Zam-Zam well.

Having returned to Mina, Male pilgrims proceed to stone 3 pillars representing the devil.

Pilgrims usually stay in Mina to offer prayer for a few days.

Finally, pilgrims can return to Makkah and the holy Masjid al-Haram to perform the farewell Tawaf (circling of the Kaaba).



The required pilgrimage dress:

Men wear two white cloths, one of which covers the body from the waist down, and one that is gathered around the shoulder, this is known as an "Ihram".

Women usually wear a simple white dress and headscarf, or their own native dress. Any garment which covers her so she is dressed modestly.

The required pilgrimage dress is a symbol of purity and equality.

The 5 stages of Hajj

1. Start of the main pilgrimage
2. Prayers at the Plain of Arafat
3. Pilgrims sleep at Muzdalifah
4. Jamaraat - stoning the pillars
5. Return to Mecca

1

Mina

Pilgrims will then make their way to Mina, a short distance away, to perform 5 prayers starting with Zuhr in the afternoon and ending with Fajr in the early hours of the morning.

4

Here, male pilgrims will perform the stoning of the devil ceremony where pebbles are thrown at a stone pillar.

An animal sacrifice, whose meat is to be distributed to the poor, is also made.

3

Muzdalifah

Here, pilgrims will collect pebbles needed for the "stoning" ceremony.

Before the sun rises, pilgrims will set off back to Mecca.

Pilgrims will make their way to Arafat and Ihram will be devoted to prayer.

2

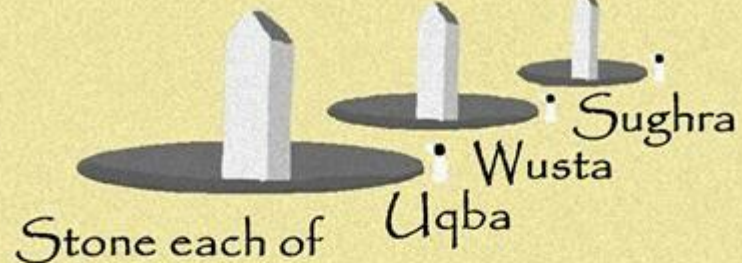
Arafat

When the sun sets, pilgrims will leave Arafat for Muzdalifah.

Tawaf e Ziyarah
on either of
11,12 or 13th



Tawaf e Qudoom
and Sai'i of
hajj before 7th



Stone each of
Jamraat on
11,12 and 13th



Shave
Head

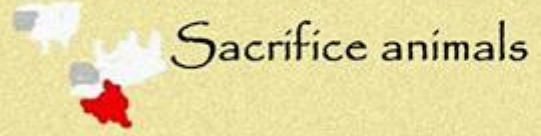
A brief description of Hajj



Reach Mina
before the night
of 7th ends



Leave for
Arafat after
Fajr of 9th



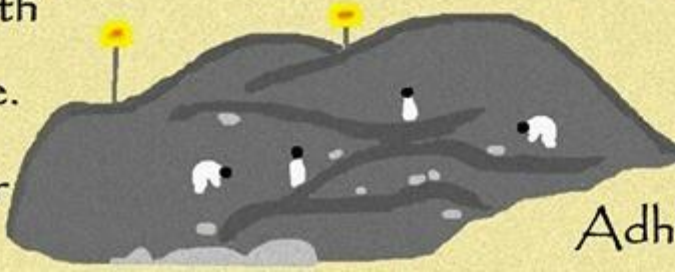
Sacrifice animals

7 stones
for Jamraat
Uqba



Leave for Jamraat
after Fajr
on 10th

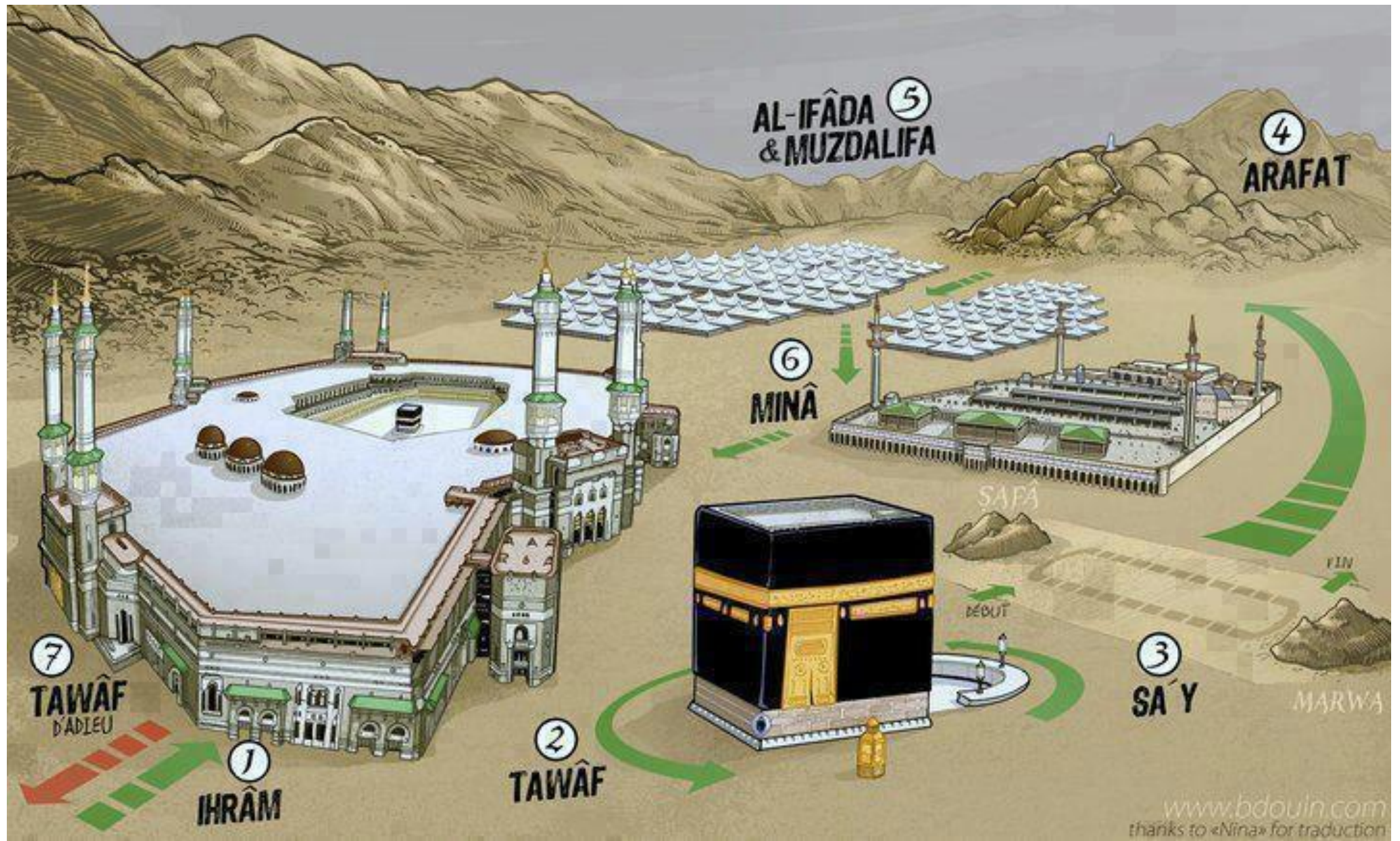
Maghrib+ Isha combine.
All night worship.
Collect 70 Pebbles for
Jamraat



Leave for
Muzdalifah after
Adhaan of Maghrib on 9th



Khutba of Hajj
Zuhr and Asr combined



THE HAJJ GUIDE

For Muslims, hajj is the fifth and final pillar of Islam. It takes place in the month of Dhul Hijjah which is the twelfth month of the Islamic lunar calendar. Hajj officially begins on the 8th of Dhul Hijjah and lasts for five days.

