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Good Manners (Adhab)

Say Al-hamdulillah when we eat and drink!

The Messenger of Allah ﷺ said:

"*Allah will be pleased with His slave who praises Him (i.e, says Al-hamdulillah) when he eats and praises Him when he drinks".*

[Muslim]
(Riyad us Saliheen #140)

It is important for us to eat food because we need the nourishment to give us energy and to help our body to grow inshallah! Also eating food that tastes good is enjoyable and it stops our tummy rumbling!
Allah made all these nice foods for us to enjoy and to stop our hunger! It is important to remember to praise Allah when we eat and drink, and when we do it is something which makes Allah happy and pleased with us!
So next time, don't forget to say alhamdulillah!

What is your favourite food? _____

What is your favourite drink? _____

Who provides you with food and drink? _____

Who should we praise when we eat and drink? _____

What should we say when we eat and drink to praise Allah? _____

What does Allah do when we praise Him? _____